



SQR Training

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# Basic First Aid



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### Is your workforce familiar with basic first aid?

*Approximately 150,000 people could be saved each year if more people knew basic first aid.*

*On top of this, thousands of others could avoid workplace injuries by completing first aid training.*

HSE Executive

### Who is basic first aid training for?

This training course is ideal for workforces who need quick and effective training in basic first aid. Featuring impressive video presentations, great interactive games and a final exam (with a certificate upon completion), our course offers interactive training that will develop your first aid knowledge.

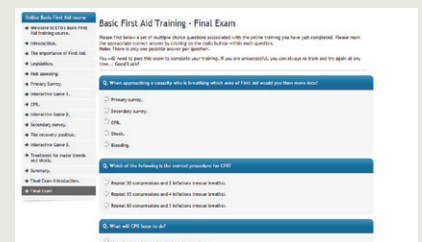
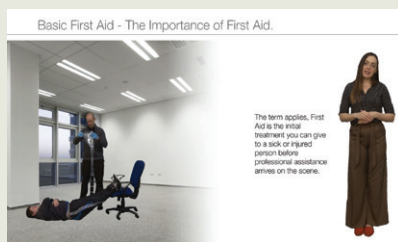
### What does the basic first aid course cover?

The basic first aid course covers the measures first aiders can take while waiting for the emergency services arrive, including:

- The primary survey
- The secondary survey
- CPR
- The recovery position

### What is the benefit of basic first aid training to your business?

Your staff can become competent first aiders and assist those who require medical attention. Staff can complete their training at any time to suit your needs.



Video Presentations.

Interactive Games.

Final Exam – Certificates Provided.

***This course is not designed to replace formal practical training but provides an excellent guide to refreshing your knowledge and updating your skills.***

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