

**WIGHTMAN  
& PARRISH**



**Lone/Remote Workers  
and Personal Security**



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# Lone/Remote Workers and Personal Security

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## Do your staff know how to keep safe while working or travelling alone?

Thousands of lone and remote workers face dangerous situations when working or travelling alone every day. It's essential that your employees and contractors understand how to manage situations that they could find themselves vulnerable in while working alone.

HSE - Health Safety Executive

## Who is lone and remote worker training for?

This course will help lone workers to keep safe during all isolated work and travel.

Lone and remote workers may include:

- Van drivers delivering parcels
- Nurses, doctors or carers providing home visits
- Home-based workers

## What does the lone and remote workers course cover?

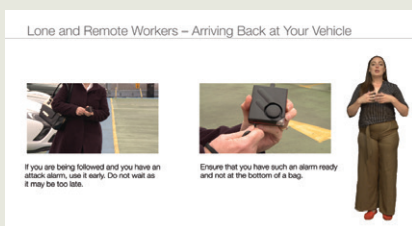
The lone and remote workers course provides an overview of the risks faced by many employees on a day-to-day basis, allowing them to safely manage situations in which they are vulnerable.

The course covers:

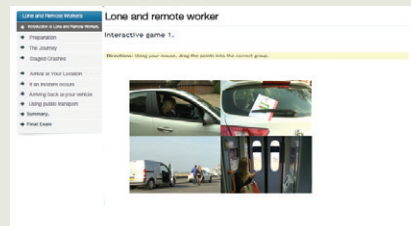
- What to look out for when travelling in unfamiliar areas or staying away on business.
- Techniques that you can employ to avoid dangerous situations.
- How to keep your possessions safe when travelling for business.

## What is the benefit of lone and remote workers training for my business?

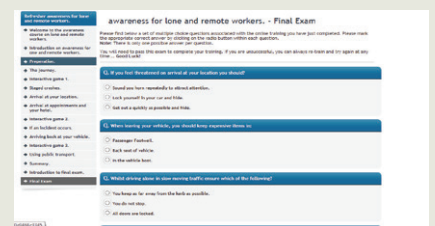
This course will show you and your employees how to remain as safe as possible when travelling or working alone. Staff can complete their training at any time to suit your needs.



Video Presentations.



Interactive Games.



Final Exam – Certificates Provided.

**A lone or remote worker may operate in a diverse range of job functions. When working alone, you must take steps detailed in this course to keep safe and avoid potentially difficult situations. It is also important to ensure that family, friends and/or colleagues know where you are going on business and when you are due to return.**

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